



# CRES Dory News

Kindness    Grit    Responsibility    Self-Control

## Important Dates

Tuesdays, September 19 & 26

Gr. 3 & 4 Running Club, Lower Field/Bus Loop, 2:30-3:30

**Wednesday, September 20**

**Early Release**

**1:10/1:15pm Dismissal**

Wednesdays, Sept. 20, 27, Oct. 4

P2P Dance Classes, Gr. 4 Common Area, 2:30-3:45

Thursday, September 21

Multiage Field Trip: Fire Island, Northport, 9:30am-1:30pm

Thursdays, September 21 & 28

Gr. 3 & 4 Running Club, Lower Field/Bus Loop, 2:30-3:30

Friday, September 22

Multiage Field Trip: Camden Harbor Boat Trip, 8:00am & 9:40am

Tuesday, September 26

Gr. 2 Field Trip: Tanglewood 4-H Camp, 9:15am-1:30pm

Tuesday, September 26

Kindergarten Guest Speaker: Nature Puppet Show, Atrium, 9:30am-12:30

Wednesday, Sept. 27 & Oct. 4

Girl Scout Troop 1525 Mtg, Atrium, 2:30-3:30pm

*continued on pg. 2*

## PRINCIPAL'S CORNER

Dear CRES families,

Welcome to a new school year! We're off to a great start with lots of energy around our new schedule. A number of students have shared how excited they are about what they consider three recesses (before school, mid-day, and flex time). We've had more students getting into the woods by our stream every day than ever before and discovering what a magical place it can be.

We are also trying something new this fall in lieu of a traditional open house. Instead we will host the CRES Family Fun Night - (Math, Literacy and More!) on Wednesday, September 27 from 4:30 to 5:30 in the bus loop. This is a school wide event and a chance to build community as a school. We'll have lots of fun stations to visit with quick activities run by our staff along with stations featuring some of our community partners. It's also an opportunity for you to connect with other families and meet some of your child's classmates.

We'll have free popcorn and a shuttle running from the high school next door if our parking lot fills up. In the event of rain, we'll postpone it to the following day.

Thanks for a positive beginning to the school year. I hope to see you on the 27th!

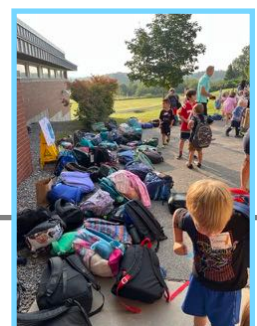
Thanks for your support, Chris



Pre-K exploring the stream



Gr. 1 on the way to their outdoor classroom



Before school recess

*continued from pg. 1*

### Wednesday, September 27

CRES FAMILY FUN NIGHT: Math, Literacy & More! In the bus loop, 4:30-5:30 (rain date 9/28)

### Wednesday, September 20

Camden Rockport Schools Board Meeting, Rose Hall, 7:00pm

### Friday, September 29

Gr. 1 Field Trip: Hardy Farm Orchard, 11am-1:30pm

### Tuesday, October 3

Student Dental Clinic, Nursing Office

### Tuesday, October 3

Kindergarten Guest Speaker: Rockport Fire Truck Visit, 10:30-11:45am

## School Forms

Please sign, update and return the form sent home with your student last week. Also, complete the google form emailed home last week. Complete and return both by this Friday, September 22.

## A Water Bottle Every Day

Did you know? CRES has water bottle fill stations throughout the school. All students need to bring a refillable water bottle daily. Make sure it's labeled with a name!

## Picture Day - Mon., Oct. 24

Information about School Picture Day will be sent home in October. Be on lookout for it!

## *Join Us for Family Fun Night: Math, Literacy, & More!*

Please join us for Family Fun Night on Wednesday, September 27, in the CRES Bus Loop, from 4:30-5:30pm.

Visit different stations to enjoy fun activities. Community partner groups will be on hand with information for families. Enjoy a popcorn snack! Come one, come all.

Parking is available at the Elementary School and High School. A shuttle bus will run between the schools from 4:30-5:45pm. The shuttle bus will pick up at the high school at the student parking lot, in the corner closest to Rt. 90. Enter the high school driveway and take your first left. Park anywhere in that area and the shuttle bus will be coming by!

We look forward to seeing you next Wednesday! (*Rain date Thursday, Sept. 28*).

## *Volunteer Applications: Renew Every Year*

The district Volunteer Application forms must be submitted every year. It can take 10 days to complete the approval process, so get them in well before the first field trip or classroom volunteer opportunity comes up! You can find the [application form](#) on the CRES Website, as well as the [Volunteer Handbook](#). Return the completed form to the CRES Office.

## *Food Celebrations at CRES*

To ensure a safe and inclusive environment for all students and accommodate food allergies and intolerances, classroom food celebrations need to be planned in advance. Families who want to bring food for a classroom event need to reach out to the classroom teacher at least 1 week in advance. Teachers will send an opt-out form home to families so everyone is aware of what will be served. Classrooms with food restrictions (nut free, dairy free, etc) are still in place. The "no sharing food with others" rule applies throughout the building.

### *Sneakers for Gym Class, Please!*

One of our biggest challenges in PE is coming to class with proper shoes. Crocs, sandals, and boots are not ideal for movement. Slip ons often slip off! Send sneakers to school on PE days. Please reach out to Mr. Martin if you have any questions. If you need assistance, contact your homeroom teacher, the school nurse, or the front office. Eric.Martin@fivetowns.net or 207-236-7809 xt. 1189.



### *Parent Communication with Staff Guideline*

Educators are in a professional field without typical workday boundaries. We are readily accessible, mostly through email, all hours of the day. Not many people work in an environment where the customers (for lack of a better word) have access to the employees after work has ended.

In an effort to help maintain a manageable work/life balance while still being sensitive to parent/student need, the district has outlined the following expectations for its professional staff.

#### 1. EMAIL

- Response time: Our target is to respond to emails within 24-48 hours – that is the norm.
- Evenings/Weekends: There is no expectation to be checking email in the evenings or on weekends or vacations.

#### 2. PHONE

- Response Time: Our target is to return phone calls the same day they are made or the earliest time available to the teacher on the following school day.
- Teachers are asked NOT to answer the phone during class. It would be helpful for parents to avoid calling teachers during the instructional day because the ringing phone distracts learning.

*\*If parents have an urgent need to communicate with a teacher, call the main office at 236-7809 and have a message sent to the teacher.*

### *Car Seat Safety for CRES Kids*

ALL of our students at CRES should be riding in the backseat of a vehicle, until age 12.

The Maine Child Passenger Safety (CPS) Law is one of the strongest in the country.

Click [here](#) to learn more.

**Maine's New Car Seat Law**  
Effective September 19, 2019



- ✓ Rear-facing to age 2
- ✓ Child Restraint System to 55 lbs.
- ✓ Belt Positioning Seat to age 8 & 80 lbs. & 57"
- ✓ Back seat to age 12 & 100 lbs.
- ✓ Car seat or booster must be installed properly
- ✓ Seat belt must fit properly

For a free car seat inspection, visit  
[www.MaineSeatCheck.org](http://www.MaineSeatCheck.org)

# Please Welcome our New CRES Crew Members!

## Joe Alberti, Groundskeeper

I am originally from Delaware. We have been in Maine since 2018, it has been an adventure for sure. I enjoy woodworking and being outside, especially playing disc golf.



## Ash Avila, Ed Tech

Hi families! I am super excited to join the CRES community as an Ed Tech. I studied painting and business in college. During that time, I started working at a summer camp in VT. I realized then that I wanted to work with children full time. I have worked as an outdoor education instructor, and as a first grade assistant teacher until I moved here with my partner and our dog. I am so happy to be back in a school, and cannot wait to spend the year here. In my free time, I enjoy a plethora of water sports, swimming and hiking.



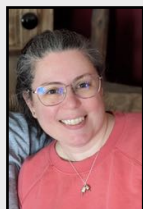
## Dawn Fowler, Ed Tech

I am so excited to be apart of the amazing team at CRES! I am a graduate from University of Augusta with a BA degree in Mental Health and Human Services. I have a daughter and am married. I have a small farm of chickens and ducks. I love spending time with my family and friends and being outside on many adventures.



## Jenn Gomez, Administrative Assistant & Registrar

Hi y'all! I'm thrilled to be joining CRES as a full timer. For the last two years, I've had the pleasure of been subbing at both CRES and CRMS. My family and I moved to Maine 3 years ago from South Texas. We have two boys (7th & 9th) who keep us very active. I'm a HUGE Cowboys fan! When I'm not watching football, I love to read, craft, decorate, go to concerts and the movies.



## Emily Long, Ed Tech

I am so happy to be joining the team at CRES as an Ed Tech in the Explorers Room. I grew up in Rockport, Maine and attended MSAD 28 all the way through, and graduated in 2018! In my free time I enjoy being outdoors, and playing my favorite sport softball!



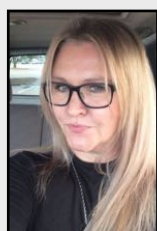
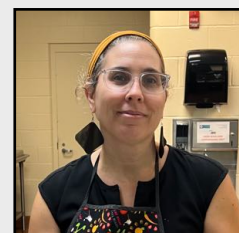
## Sarah Sawitsky, First Grade

Sarah has been a teacher for over 20 years. She started her career in New Hampshire and then returned to Connecticut to teach near family. She and her husband Jonathan have 3 children and 2 dogs. She loves traveling and the outdoors - especially anything on the water.



**Sarah McMillan, Kitchen Manager**

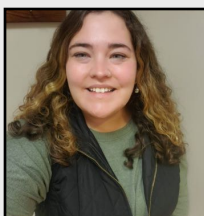
Hi Families! I have been the leader of a scratch-cooking food program in Vermont for the past 8 years. I have also been a social studies teacher for 17 years. I have a BA in Political Science from UMass, Boston, a Master's in Liberal Studies from Skidmore and a Master's of Science in Curriculum and Instruction from Scranton University. I have a passion for food and believe strongly that everyone deserves access to healthy nutritious meals. I recently moved to the area with my husband and two daughters and we are excited to get to know the community.

**Kirsten Sildèn, Special Education, Explorers**

What an Adventure it is for me to be a part of the CRES Explorer's Team. I have been teaching in Special Education for more than 18 years. I am a blessed mom of 6 beautiful children, and an amazing husband. We moved back from Sweden to Texas in 2019, and recently relocated to Rockport in August! I love spending time with my family, adventures outdoors, and being near the sea. I look forward to being a part of Maine and CRES!

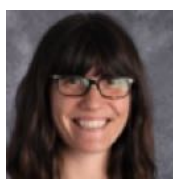
**Emily Spindler, Third Grade**

Hi, everyone! I am so honored to be teaching third grade here at CRES. This is my twelfth year teaching elementary school and my 17th year in the educational world. I am a recent transfer from Florida, but graduated from UMaine and am happy to be back up where the weather is as it should be. I live in Camden with my wife and our two adorable guinea pig children. When I'm not in the classroom, you can find me reading, snacking, or playing roller derby for the Rock Coast Rollers.

**Mary Weiss, Ed Tech**

Hello! This is my first year at CRES as an Ed Tech in the Travelers Program. I have lived in the Midcoast area for most of life and have enjoyed creating lasting relationships in the community. I am an avid hiker and enjoy spending time outside in all types of weather, but most of all the sunny fall weather. I also enjoy making jewelry and reading lots of books whenever time allows.

## Plus some familiar faces in new roles at CRES!

**Jenny Gold, Math Intervention****Amber Kennedy, Multiage**





## Welcome to Roots n Shoots LLC; LET'S PLAY !

### Outdoor Adventures

in the woods, by the shore, on the rocks, in the trees,  
in the gardens with the bunnies; Willa & Winston!

17 Spear St. Beauchamp Point, Rockport, ME

Lynn understands and loves kids & is ready for this  
small group new adventure to begin!

Credentials: Teacher certification, two masters degrees in  
Environmental Education & Child Development with forty years of experience  
NAFCC Accreditation: Wilderness First Aid & CPR,

### Develop Friendships

After School - Tuesdays & Thursdays 2:30-5:00  
Wednesdays Early Release 1:15 - 5:00

Ages 4-8

School Bus Drop Off @ 2:30 (1:15 early release)

Monthly Membership (\$15 an hour)

September to June; following the CRES school calendar  
Snacks and Materials included

Handbook will be provided with logistics, philosophy, and activities.

Lynn Rutter  
603-479-1731 mobile  
lynn.RootsShoots@gmail.com

"Play is often talked about as if it were a relief from serious learning.  
But for children play is serious learning. Play is really the work of childhood" Fred Rogers

Farnsworth Art Museum

Indigo

ARTS ALLIANCE

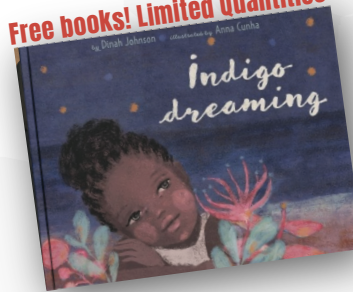
CMCN

present

in honor of Ashley Bryan's 100th birthday

## BEAUTIFUL BLACKBIRD CHILDREN'S BOOK FESTIVAL

Free books! Limited quantities



Join us

MEET AUTHOR DINAH JOHNSON  
READING *INDIGO DREAMING*

ART MAKING ACTIVITY

BOOK GIVEAWAY  
ON A FIRST COME, FIRST  
SERVED BASIS

Sunday, September 24

1-2 PM | FARNSWORTH ART MUSEUM LIBRARY  
2-3 PM | GAMBLE EDUCATION CENTER



## ATLANTIC BALLET COMPANY



Dance Your Dream

Camden-Rockport Elementary School

Classes Start

Wednesday September 20, 2023

1:30pm Early Release

2:30pm School Dismissal

Ballet I/II

Jazzin' Hip Hop

Nutcracker Performance

Camden Opera House  
December 1-3, 2023

Performance Opportunities

Atlantic Ballet's

Christmas by the Sea Nutcracker  
Cinderella spring performance



www.p2pdance.com

P2pdance@gmail.com



## CRES CHESS !



Tuesdays, 2:30 - 3:30, 4<sup>th</sup> Grade Study

Starts September 26 thru June 11!

Play for Trophies!

Helpful in School, Sports, Work & Life!

Chess builds brain power in:

1. Creativity
2. Problem solving
3. Logic
4. Planning
5. Time management
6. Confidence

My students who started with me in 2<sup>nd</sup> and 3<sup>rd</sup> grade and are now at Camden Hills High listen when I tell them work starts when school is over. I tell them good jobs depend on what they've learned, what they can do and what they've done that is exceptional. Skills learned in chess make STEM classes less work and more fun!

Chess is the long game: become a part of it. Chess is my favorite activity for kids. Search (or click) "[Bruce Haffner Chess NBC](#)" for a four minute video about my program and advice from Kate Kaplan, my assistant, and a great chess mom.

My goal in chess is to make your child smarter while having fun. I try to motivate your child to want to learn on his/her own. I urge my students to read three hours a day and use their time wisely. CRES is a powerhouse in chess: we won State in K/3, 2019; K/1 and 2/3, 2020; and K/1, 2023. We have also finished 2<sup>nd</sup> three times. My many State Championship teams (plus nine at other schools) prove that hard work pays off. Work towards being a champion this year!

Chess is the best thing I did with my kids. My son, Will, was K/3 Champion in Illinois in 1999. Besides playing chess, Will read at least three hours a day. In high school he took an amazing eleven Advanced Placement classes (they count as semester classes in college). Come to class any time or meet with me anywhere to learn how you can get involved. Let's work together to motivate your child!

I also teach after school Mondays-Belfast, Wednesdays-LCS, Thursdays-Camden Hills High & CRMS and Fridays-Hope. Kate Kaplan [Kate.Ervin@gmail.com](mailto:Kate.Ervin@gmail.com)  
c: 914-552-6206 & Bruce Haffner [BruceHaffner@gmail.com](mailto:BruceHaffner@gmail.com) c: 847-987-3091